

Student Council presents

FLOWER ESSENCE

Workshop

WITH SAMANTHA CONBOY

SATURDAY, MARCH 14

1:00PM- 4:00 PM

Emotional Balance and Bach Flower Remedies: A Complementary Tool for Acupuncture Students

Bach Flower Remedies provide gentle energetic support for emotional well-being and can be a valuable complement to acupuncture practice.

In this experiential workshop, students will explore how the flower essences developed by Dr. Edward Bach help restore emotional harmony, supporting the same balance of body, mind, and spirit that lies at the heart of acupuncture.

The workshop will cover common emotional patterns such as fear, worry, indecision, and overwhelm, and examine how specific Bach Flower Remedies can help bring greater balance and resilience. Participants will gain practical tools for self-care as well as insights into how flower essences can be thoughtfully integrated alongside acupuncture training and future clinical practice.



RSVP to: studentcouncil-sd@pacificcollege.edu