

STUDENT COUNCIL PRESENTS

# POSTPARTUM 101

with  
Dr. Deb Davies, DACM, Dipl. O.M., L.O.M.



## CLASS OBJECTIVES

Explore both the biomedical and Traditional Chinese Medicine (TCM) perspectives on postpartum health to build a strong foundation for future clinical practice. In this class, we'll cover:

- Standard of Care – what is expected in conventional postpartum care
- List of Postpartum Diseases – common conditions that arise after childbirth
- Postpartum Recovery – how to support physical, emotional, and spiritual healing
- What Women Need – understanding the unique challenges and priorities of new mothers
- Lifestyle & Dietary Support – practical recommendations to guide recovery and strengthen resilience
- ... and of course, TCM Patterns, Point Prescriptions, Herbal Formulas

## EVENT DETAILS



**SATURDAY**  
**22 NOV 2025**



**9: 00 AM**  
**1: 00 PM**

RSVP TO:



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