## Using Acupuncture Points for Pain Management

Regulating Movement Through Acupuncture Points

Workshop presented by: MBR Acupuncture & Herb

This workshop introduces practical methods of using acupuncture points for pain management, focusing on how point indications are formed and how to select points effectively. Topics include:

- How acupuncture points acquire their primary functions
- Key criteria for point selection in pain cases
- When to use the left versus the right meridian
- Principles of contralateral treatment, including:
  - Treating the left side for rightsided conditions, and vice versa
  - Using lower body points for upper body conditions, and vice versa





October 6<sup>th</sup> 6:00-9:00 PM